Haven Lindsey Bios

Short bio:

Haven Lindsey is a writer and content strategist who believes in the power of clarity and connection. Once navigating her own path out of loss and uncertainty, she now helps others cut through the noise - whether through heartfelt storytelling or meaningful brand messaging. Her work has been recognized by NPR, and her second children's book, *The Blue Dog and The White Horse: The Best of Friends*, releases in July 2025 from Brandylane Publishers, Inc.

Long bio:

Like everyone, I have a story. Mine includes a chapter where I lost nearly everything—people I loved, my sense of purpose, even hope. I know what it feels like when the highlight of your day is just making it through. No one came to save me. I had to find my own way out of the darkness - and I did.

That journey shaped who I am and how I write. Today, I tell stories that matter—both in books and in the business world. I help organizations of all sizes turn complex ideas into clear, compelling messaging that cuts through the noise of our fast-moving, three-second world. With a background in healthcare, addiction, public policy, education, travel, and human-interest reporting, I write content that's not just readable, but meaningful.

As a writer and listener, I use motivational interviewing techniques to help clients uncover what truly matters, then craft messaging that resonates. My work has been recognized by NPR, and my solo travel series for *Texas Lifestyle Magazine* earned national praise. My solo travel article on Punta de Mita Mexico was the cover story for Canada's Bold Traveller magazine.

My second children's book, *The Blue Dog and The White Horse: The Best of Friends*, will be released by Brandylane Publishers, Inc. in July 2025. Inspired by true events, the book includes true, heartwarming tales of loyalty, learning, and the quiet wisdom of animals – suitable for children and adults.